

## First Aid

This section addresses general first aid information including OSHA regulations and program information in the workplace.

### Overview

First aid refers to any treatment or caring for minor injuries, such as cuts, abrasions, *minor* burns, sprains, etc. as well as emergency CPR (cardiopulmonary resuscitation).

A well-stocked first-aid kit must be kept and accessible to all employees. As an employer, one should make a priority to have employee(s) properly trained in administering basic first aid – this to include CPR certification. It is important to note that OSHA does not require injuries that **only** require first aid to be recorded on OSHA injury and illness forms.

### OSHA Regulations

- Ensure the ready availability of medical personnel for advice on matters of health in the workplace.
- Ensure there are one or more people in the workplace adequately trained to provide first aid & first-aid supplies are available unless there is a hospital, clinic, or infirmary within 3 to 4 minutes for life-threatening emergencies
- Have first-aid supplies located where they will be accessed in time to treat life-threatening emergencies.
- Make suitable facilities available for immediate quick-drenching or flushing of the body and eyes where employees may be exposed to corrosive material.
- Ensure that any employee designated as a first-aid provider is covered under the requirements of the bloodborne

### General

Identify and list all first-aid trained employees for all to see/know, list contact information for emergency services. The *Good Samaritan* protection applies in many states that laws stipulate that an individual, who in good faith provides emergency care or assistance, is protected from liability for any civil damages for acts they may have performed (or not performed) in providing emergency care.

\*See Also Bloodborne\*

For further information please contact OSHA at  
800-321-6742 or visit OSHA.gov

Company Name: \_\_\_\_\_ Date: \_\_\_\_\_

Safety Recommendations: \_\_\_\_\_

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